



# Alabama Community College System

## COURSE DESCRIPTIONS: CAREER/TECHNICAL DISCIPLINES

### Mental Health Technician (MHT)

CIP Code 51.1502

**Title:** Psychiatric/Mental Health Services Technician.

**Definition:** A program that prepares individuals, under the supervision of psychiatrists, psychologists, nurses, and other mental health care professionals, to provide direct patient care services, assist in developing and implementing treatment plans, administer medications, and perform related administrative functions. Includes instruction in mental health theory, applied psychopathology, patient communication and management, crisis intervention, psychotropic medication, mental health treatment procedures, substance abuse, record-keeping, clinical administrative skills, and applicable standards and regulations.

09/18/2020

#### SUMMARY OF CHANGES

Date	CRS #	COURSE TITLE	RECENT CHANGES
09/18/2020	MHT 100	Introduction to Inpatient & Residential Operations	Added to directory
09/18/2020	MHT 110	Introduction to Abnormal Psychology	Added to directory
09/18/2020	MHT 120	Addiction & Forensic Psychology	Added to directory
09/18/2020	MHT 130	Management of Behavioral Crisis	Added to directory
09/18/2020	MHT 140	Psychiatric Pharmacology	Added to directory

**COMMENTS:**

Mental Health Technician (MHT)  
Course Directory

DPT CODE	CRS #	COURSE TITLE	CREDIT HOURS		
			THEORY	LAB	COURSE
MHT	100	Introduction to Inpatient and Residential Operations	2	2	4
Course Description			Added		09/18/2020
<p>PREREQUISITE: As required by program. COREQUISITE: As required by program.</p> <p>This course is designed to provide information regarding the operation of inpatient and residential treatment facilities. The basis of treatment, services provided, the role of staff members, and various methods of treatment for patients/residents with mental health diagnoses are explored.</p>					

DPT CODE	CRS #	COURSE TITLE	CREDIT HOURS		
			THEORY	LAB	COURSE
MHT	110	Introduction to Abnormal Psychology	3	0	3
Course Description			Added		09/18/2020
<p>PREREQUISITE: As required by program. COREQUISITE: As required by program.</p> <p>This course is a survey of abnormal behavior and its social and biological origins. The anxiety related disorders, psychoses, personality disorders, and mental deficiencies will be covered.</p>					

DPT CODE	CRS #	COURSE TITLE	CREDIT HOURS		
			THEORY	LAB	COURSE
MHT	120	Addiction and Forensic Psychology	4	0	4
Course Description			Added		09/18/2020
<p>PREREQUISITE: As required by program. COREQUISITE: As required by program.</p> <p>This course includes the study of the psychological, social, and physical factors that affect human behavior across the lifespan. This course provides insight into the incidence of addiction in America by exploring societal norms, regulation, and misconceptions. Using scientific inquiry, students will learn why people abuse substances; both illicit and prescribed. Forensic matters are discussed including the policies for regulation of legal substances and enforcement of laws related to the use of illicit substances. The socioeconomic impact of addiction will also be covered. Ethical practice and professional conduct are also discussed in this course.</p>					

Mental Health Technician (MHT)  
Course Directory

DPT CODE	CRS #	COURSE TITLE	CREDIT HOURS			COURSE
			THEORY	LAB	CLINICAL	
MHT	120	Addiction and Forensic Psychology	2	1	1	4
Course Description					Added	09/18/2020
<p>PREREQUISITE: As required by program. COREQUISITE: As required by program.</p> <p>This course includes the study of the psychological, social, and physical factors that affect human behavior across the lifespan. This course provides insight into the incidence of addiction in America by exploring societal norms, regulation, and misconceptions. Using scientific inquiry, students will learn why people abuse substances; both illicit and prescribed. Forensic matters are discussed including the policies for regulation of legal substances and enforcement of laws related to the use of illicit substances. The socioeconomic impact of addiction will also be covered. Ethical practice and professional conduct are also discussed in this course.</p>						

DPT CODE	CRS #	COURSE TITLE	CREDIT HOURS			COURSE
			THEORY	LAB	CLINICAL	
MHT	140	Psychiatric Pharmacology	3		1	4
Course Description					Added	09/18/2020
<p>PREREQUISITE: As required by program. COREQUISITE: As required by program.</p> <p>This course delves into the commonly used medications for patients/residents with psychiatric disorders. Routes of administration, indications, therapeutic uses, adverse outcomes, and effects will be examined.</p>						